



# DOT DIABETES (NON-INSULIN DEPENDENT) FOLLOW-UP LETTER

Employee Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

According to the Federal Motor Carrier Safety Administration (FMCSA) recommendations the medical provider below requires clearance and documentation from your medical provider regarding your diabetes. Please have your provider enclose your test results when sending these documents to Minnesota Occupational Health.

NOTE: If your blood sugar can be adequately controlled with oral hypoglycemic medication you may be qualified for a medical card. If insulin is required you will need an exemption from the Medical Review Board of the FMCSA or the Minnesota Department of Transportation.

Today's random blood sugar was: \_\_\_\_\_

DOT Examiner Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## TO BE COMPLETED BY YOUR TREATING PHYSICIAN / MEDICAL PROVIDER

Yes  No This patient is diagnosed with diabetes mellitus  
 Yes  No This patient experiences hypoglycemia  
 Yes  No This patient has end organ complications

Most recent HbA1C (NOTE: HbA1C > 10% is disqualifying): \_\_\_\_\_

Date: \_\_\_\_\_

Current Treatment: \_\_\_\_\_

Date of next follow-up appointment: \_\_\_\_\_

Yes  No I attest that this driver's diabetes is under adequate control and that he/she is experiencing no complications that would prevent him/her from safely operating a motor vehicle.

Treating Provider Name: \_\_\_\_\_

Date: \_\_\_\_\_

Provider Signature: \_\_\_\_\_

Phone: \_\_\_\_\_

Please have your provider forward the requested information to:

**Coon Rapids Location:** 600 Coon Rapids Boulevard NW, Coon Rapids, MN  
 **Eagan Location:** 1400 Corporate Center Curve, Suite 200, Eagan, MN  
 **Shakopee Location:** 4360 12th Avenue E, Shakopee, MN  
 **St. Paul Location:** 1661 St. Anthony Avenue, 2nd Floor, St. Paul, MN  
 **Woodbury Location:** 4123 Radio Drive, Woodbury, MN

Phone: (651) 968-5300 Fax: (651) 730-3516  
Phone: (651) 968-5300 Fax: (651) 730-3523  
Phone: (651) 968-5300 Fax: (651) 730-3551  
Phone: (651) 968-5300 Fax: (651) 646-0205  
Phone: (651) 968-5300 Fax: (651) 730-3574