



MEET THE PROVIDER:

JOHN L. KIPP, M.D., J.D., OCCUPATIONAL MEDICINE PHYSICIAN

“Injured workers are like injured athletes – they usually want to get back in the game as soon as possible. In occupational medicine, we help them do that.”

Dr. Kipp has been practicing occupational medicine for 36 years, 13 with Minnesota Occupational Health. One of Dr. Kipp’s special interests involves the topic of determining the work-relatedness or causation of work injuries. He teaches new MOH medical providers as well as employers on this topic.

“Not all injuries that happen at work are work related. To be work related there must be something about the workplace which endangers the worker for their injury to occur. For example, an ankle sprain from slipping on a wet floor at work is work related, but an ankle sprain from simply stumbling in a well-lit, dry and level floor at work may not be work related because nothing about the workplace caused the worker to stumble.”

Dr. Kipp is a native Minnesotan who enjoys winter snow sports, family get-togethers, gardening and bird-watching. He serves as the primary physician in the MOH Blaine clinic and consults for numerous employers in that role.

PRICE CHANGE NOTICE

Minnesota Occupational Health has managed to avoid any significant price increase in nearly four years, other than a handful of charges where lab fees forced a very slight increase in 2021. We are now seeing widespread cost increases in supplies, equipment and staffing and we expect those to continue in the foreseeable future.

As of January 1st, 2022 nearly all non-contractual MOH prices will rise 3%. For most items this results in a \$1, \$2 or \$3 increase for any given service. This will not change previously committed county, state or federal government contracts for services. Current TPA contracts will also not change until they can be renegotiated.

Work Comp injury care charges are always set to the MN Workers’ Compensation Fee Schedule which the State sets each year, so these charges will not be affected by this 3% increase.

We value your continued partnership and appreciate your understanding.

HOLIDAY HOURS

MOH will be closed:

- » 11/25 & 26 (Thursday & Friday) Thanksgiving Holiday
- » 12/24 & 27 (Friday & Monday) Christmas Holiday
- » 12/31 (Friday) New Year’s Holiday

RESPIRATOR RESOURCE

Find “Seven Steps to Correctly Wear a Respirator at Work Poster,” available in 16 languages at: <https://www.osha.gov/publications/bytopic/respiratory-protection>

See the attachment at the end of this document.

INJURED AT WORK POSTERS

Hanging posters with tear-off sheets featuring MOH map locations and after-hour Summit OrthoQUICK locations (including Summit Orthopedics Lakeville - opening in January 2022) are available. Please reach out to Kim, Bob or Jim to let us know how many you need and where to send them.



MOH CONTACT LIST

MOH Consultation - Business Development Team:

Bob Weeks (651) 968-5255 bweeks@mohonline.com
Kim Johnson (651) 968-5510 kajohnson@mohonline.com
Jim Sebesta (651) 968-5740 jsebesta@mohonline.com

MOH Scheduling Team:

(651) 968-5300 Option 1
mohscheduling@mohonline.com

Clinic Results:

Blaine (651)968-5273
Eagan (651) 968-5283
Saint Paul (651) 968-5294
Shakopee (651) 968-5947

Billing Team Questions:

mohbilling@summitortho.com



BLAINE LOCATION | 10230 Baltimore St.
#300
Blaine, MN 55449



EAGAN LOCATION | 1400 Corporate Center Curve
Suite 200
Eagan, MN 55121



SHAKOPEE LOCATION | 4360 12th Ave. E.
Shakopee, MN 55379



ST. PAUL LOCATION | 1661 St. Anthony Ave.
2nd Floor
St. Paul, MN 55104

Our QR codes will direct your google maps right to our clinics!
Just simply point your smart-phone camera to the location you would like to go to.



Blaine



Eagan



Shakopee



Saint Paul

Seven Steps to Correctly Wear a Respirator at Work

Following these simple steps will help you properly put on and take off your respirator, and keep you and everyone else safe.

1 Wash Your Hands



Wash your hands with soap and water or alcohol-based hand rubs containing at least 60% alcohol.

2 Inspect the Respirator



Inspect the respirator for damage. If it appears damaged or damp, do not use it.

3 Put on the Respirator



Cup the respirator in your hand with the nosepiece at your fingertips and the straps hanging below your hand.



Cover your mouth and nose with the respirator and make sure there are no gaps (e.g., facial hair, hair, and glasses) between your face and the respirator.



Place the strap over your head and rest at the top back of your head. If you have a second strap, place the bottom strap around your neck and below your ears. Do not crisscross straps.



If your respirator has a metal nose clip, use your fingertips from both hands to mold the nose area to the shape of your nose.

4 Adjust the Respirator



Place both hands over the respirator. Inhale quickly and then exhale. If you feel leakage from the nose, readjust the nosepiece; if leakage from the respirator edges, readjust the straps.



Repeat until you get a proper seal. If you can't get a proper seal, try another respirator.

5 Wear the Respirator



Avoid touching the respirator while using it. **If you do, wash your hands.**

Note: If you reuse your respirator, wear gloves when inspecting and putting on the respirator. Avoid touching your face (including your eyes, nose, and mouth) during the process.

6 Remove the Respirator



Wash your hands.



Remove the respirator from behind. Do not touch the front.

7 Dispose of the Respirator



If the respirator does not need to be reused because of supply shortages, discard it in a closed-bin waste receptacle. Wash your hands.

For more information, see the quick video, "Putting On and Taking Off a Mask". ▶

