

Work Performance Center



Center Leader: Lisa Peirson, OTR/L. Lisa brings 28 years of expertise in functional evaluation, ergonomic coaching and training. Lisa can be contacted at (651) 968-5719 or lpeirson@mohonline.com

Facility: Located at the Eagan MOH clinic, the Work Performance Center consists of 4,000 square feet dedicated to virtual workplace assessments and conditioning.

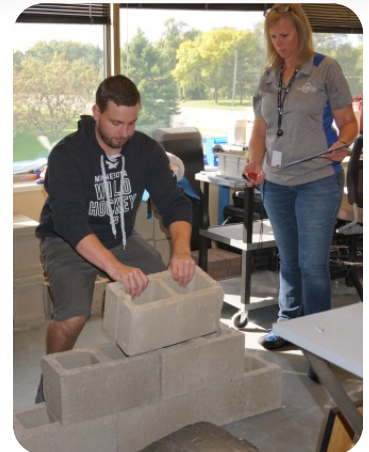


Functional Capacity Evaluations:

Single and multi-day formats designed to measure clients' physical abilities to determine their maximal return to work potential.

Work Conditioning:

Focus on functional productivity rather than pain. Conditioning up to 4 hours each day, 3-5 sessions per week as needed to increase strength and endurance. Options to combine productive light-duty work in conjunction with conditioning.



Post-Offer Work Performance Test

Match a candidate's physical abilities with the essential functional demands of the job, enabling employers to hire with confidence knowing exactly what if any accommodation would be needed.

On-site Job Site/Task Analysis:

Development of ADA-compliant functional job descriptions and assessment tools.

Individual Health Club Set-up:

Upon completion of Work Conditioning program for long-term functional health.



Training / Presentations:

Workplace Body Mechanics, Ergonomics, Stretch & Flex, Trigger Point self-care, and many other topics.



EAGAN LOCATION

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