



EMPLOYER SERVICES AT MOH

Please contact Susan Unger OTR/L at (651) 968-5260 for additional information

On-Site Job Analysis

- Essential work tasks and functions identified
- Work station review
- Identify the correct U.S. Department of Labor Strength Level
- Photos of workers doing the job

Joint Comparison Evaluation with CRT

- Baseline test conducted as soon as patient as substantial joint range of motion and inflammation has subsided
- Can do a baseline to compare injured to non injured shoulder, elbow, knee and back to determine degree of disability
- Identifies the strength level of the non-injured side for comparison
- Dominant side is usually 10% stronger
- With previous injury, CRT has the ability to compare to general non injured population

Job Shadowing

- Done with injured worker at the employer worksite
- 1:1 onsite coaching of safe work habits
- Education on body mechanics
- Instruct patient on best work practice
- Educate employer on suggestions related to ergonomic recommendation(s)

Ergonomic Consultation

- Identify appropriate job tasks for light or restricted duty with employer
- Ergonomic risk factors on specific jobs for ergonomic or human technique risk factors
- ADA compliance or consultation for individual worker

On-Site Work Stretch/Flex Program

Goal=teach best or safest work habit or technique to workers and customize stretches.

- Coordinated with management
- Identify lead workers or super leaders and do a train-the-trainer method
- Identify appropriate stretches to decrease muscle fatigue patterns
- Individualized with photos of workers at the company doing stretches

Functional Capacity Evaluations

- Utilization of Matheson & Isokinetic technology. Requires 6-7 hours.
- Upper Extremity
- Full Body

